

The Signpost

Making a Difference for Women and Girls for 97 Years

Soroptimist International of Kansas City
South Central Region



SOROPTIMIST® March 2023

The Signpost

Investing in Dreams



President's Message Melanie Simpson



Well, it is March and that means we are celebrating women! March 8th is the 114th International Women's Day.

The United Nations, organizations, and individuals around the world will be celebrating the social, economic, cultural, and political achievements of women, along with challenging the global community to continue to work towards true gender equality. Soroptimist International has a tea party, information sessions, and of course the opportunity to donate planned – follow this link for more details: [Looking Ahead: Three Ways to Celebrate International Women's Day — Soroptimist Blog](#)

Here at home, we will be celebrating our Live Your Dreams Award winners at the business meeting this month, March 15th. A great opportunity to hear the winners plans for their future and to show our support for their economic and educational well-being. Always a positive and uplifting meeting, please make plans to join us.

Don't forget to mark your calendar for the SIA 97th South Central Region Conference April 14-15, 2023. It is here in Kansas City, so hopefully most of us can make it to all or at least part of the meeting. Come for dinner and opening ceremonies or the evening banquet and awards ceremony. Take the opportunity to network with other wonderful women of Soroptimist. Hotel reservations are due by March 13 and registration deadline is March 27.

Happy March,

President Melanie

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Kay Stewart, Editor

www.kcsoroptimist.org

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Soroptimist International
of Kansas City
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Kansas City, MO 64114



March Calendar



Service Objectives Meeting

March 5, 2023
1:00 p.m.
Kay Stewart's home

Board Meeting

March 8, 2023
6:00 p.m.
Shepherd's Center
9200 Ward Parkway
Kansas City, MO 64114

Cultural Events Meeting

March 9, 2023
11:30 a.m.
Panera
103rd & State Line
Kansas City, MO 64114

Business Meeting

March 15, 2023
6:00 p.m.
O'Neill's Restaurant
9417 Mission Road
Leawood, KS 66206



March Birthdays

Grace Boswell March 25
Grace Kim March 31

March Business Meeting

March 15, 2023
O'Neill's Restaurant
9417 Mission Road
Leawood, KS 66206

5:30 p.m. Social Hour
6:00 p.m. Dinner
6:30 p.m. Business Meeting

Menu

Chicken Marsala
Lightly breaded, pan-seared chicken topped
with a creamy mushroom marsala sauce.
Served with mashed potatoes.

\$22.00
(payable at the door)

Program

Live Your Dream Awards

RSVP to Marie Parker
at attendance@kcsoroptimist.org
no later than Friday, March 10

*We will have guests (our Live Your Dream Award
winners and our judge)
Please be sure to wear your name tag.*



Live Your Dream Awards

Come meet our Live Your Dream Award Winners!
We will recognize and honor this year's winners with dinner and a celebration on March 15 at O'Neill's.

Our winners this year are:
Laura Graves First Place
Megan Lamb Second Place
Lori Lentenbrink Third Place

Sandra Jiles served as our judge. She will be joining to celebrate these outstanding young women and their achievements.



Nominating Committee

Your Nominating Committee has been selected.

Chair: Marie Parker
Jeri Cofran and Heather Rollins

They will be working to put together the slate of officers for our club board and two new Foundation trustees. The slate will be presented to the club for a vote at our April meeting.
If you are called, please be prepared to say yes. If the position does not appeal to you, please suggest an option. It is our duty as members to serve on the board.

Jam Sale

We have quite a few jars of jam left.
We want to clear them out.
So, one time only...2 jars for \$10
at the March club meeting.

YUM!



Service Objectives

Your Service Objectives Committee has received twenty-one grant applications as of the deadline of January 27.

We are now in the process of reviewing all of them and making some tough decisions. Our recommendations will be made to the Club Board on March 8 and to the club and the Foundation at the March 15 Business Meeting.

A Celebration of Service is planned for May 17 to present the awards to the winning organizations. Please mark your calendars now and join us for our first in person celebration since COVID.

Your Service Objectives Committee is made up of:

Rosemary Moran, Dianne Young, Marcia Boutz, Heather Rollins, Tanya Johannes with Norma McKelvy and Kay Stewart serving as co-chairs.

2026 South Central Region Planning

Your SCR Core Planning Committee met in February to kick off ideas for the 2026 SCR Conference.



We will meet again on May 8 after attending the SCR Conference in April hosted by SI Kansas City Northland.

If you have ideas for how we can make it a success, please contact one of the committee.

We welcome all ideas, suggestions, contributions.



SCR Region Conference Coming Soon....

When: April 14-16, 2023

Where: Harrah's North Kansas City
Hosted by SI Kansas City Northland

Please plan on attending at some point during the weekend.

All information for registering and hotel stay are in the Call.

You should have received the Call via email last month.

If you don't have it, please contact Kay Stewart for a copy.

Deadline for hotel reservations is March 13, 2023

Deadline for registration and meal selection is March 27, 2023

If you have not attended a conference in the past, this is a great opportunity to see the bigger picture of what Soroptimist is all about. We will meet other clubs, learn what they are doing, and make new friends. It is a great experience.,

March Holidays

- March 1 National Black Women in Jazz and the Arts Day
- March 2 International Rescue Cat Day
- March 4 National Snack Day
- March 7 National Flapjack Day
- March 12 National Plant a Flower Day
- March 14 National Pi Day
- March 15 Ides of March
- March 17 National Corned Beef and Cabbage Day
- March 20 International Day of Happiness
- March 21 National Rosie The Riveter Day
- March 22 International Talk Like William Shatner Day
- March 23 National Puppy Day
- March 25 International Waffle Day
- March 28 Respect Your Cat Day
- March 29 International Mermaid Day
- March 30 National Folding Laundry Day
- March 31 Manatee Appreciation Day



These don't begin to cover all the holidays covered in March.

They are just the ones that appealed to your editor.

Google March Holidays and you will find plenty to appeal to you too.

Member News

Rosemary Moran was recently “surprised” for her birthday when a simple lunch date turned out to be a party attended by several Soroptimists and spouses.



L-R around the table: Jon Clark, Lynn LeCount, Kay Stewart, Nora Magee, Marcia Boutz, Bob Young, Dianne Young, Rosemary Moran (the birthday girl) and Tanya Johannes. She was surprised.....and we were rather proud of ourselves.

Community Service

After our failed attempt to send personal hygiene supplies to refugees in Ukraine, Lynn LeCount found Giving the Basics, a not-for-profit in Kansas City, Kansas. They were thrilled to receive them.



Growth of an Organizational Culture

Norma McKelvy sent me this excellent “thought piece” on empowering women during Women's History Month for the Signpost.

Joy of Achievement

As we move into Women's History Month...

As a woman I feel very capable and equipped to do many things. And I bristled when a man, in my male dominated field, did something “for me” that I was given to do, capable of doing and was in the process of getting done.

Yet when I mentioned it, he said “You don't have to do it, you should be happy.”

I had to think a moment because I wasn't happy. I had anticipated doing a specific assignment, had planned to do it, had invested myself mentally into doing it. All it lacked was my effort to get it done. What had been taken away from me was my joy of achievement.

When someone takes a woman's responsibility away by doing her assignment when she didn't ask for help, and don't offer the help provided, just do it, they exercise their privilege and devalue the woman's role and effort within an organization.

The end doesn't justify the means. One person's perfunctory ability to do something for which they ultimately feel good (and may be congratulated) can often deny that privilege of achievement, of satisfaction at job well done, to the woman that should have benefited.

In this month of March with the focus on women, we might consider allowing those who are responsible for doing, do, and reap the results.
Some will do it successfully, and some will fail.
Both are valuable lessons in the growth of an organizational culture...



*International Women's Day
March 8*

Joni's Irish Soda Bread

Editor's note: Joni Martin Rauen is a former member who brought us this wonderful recipe. We loved it and we love her. Do wish she would rejoin us one of these days. I make this every year. Like she said, "it's easy!!"

Preheat oven to 350 degrees.
Grease and flour a 9" pie plate.

Mix all dry ingredients:

3 cups flour

½ teaspoon salt

¾ cup sugar

1 cup raisins

5 teaspoons baking powder

¼ teaspoon baking soda

(My Dad puts caraway seeds in as well,
but I don't like them myself.)

Then add one pint (2 cups) of sour cream.

Knead or really mix up for two to three minutes,
your two hands work best for mixing – be aware,
it's VERY sticky and that's how it should be.

Throw it into the pie plate – press it down a little,
But don't stretch it out to the sides. It will naturally expand.

Score with an "X" about 1 ½" deep.

Bake for one hour.

Erin go braugh!

