



# The Signpost

Making a Difference for Women and Girls for 96 Years

Soroptimist International of Kansas City  
South Central Region

SOROPTIMIST®

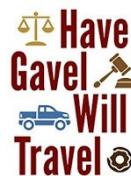
April 2022

The Signpost

Investing in Dreams



## President's Message Heather Rollins



### Inside This Issue

|                           |   |
|---------------------------|---|
| Calendar/Club Election    | 2 |
| Ukraine Collection        | 3 |
| Meat Raffle Fundraiser    | 4 |
| Live Your Dream Awards    | 5 |
| SIKC History              | 6 |
| How to deal with Facebook | 8 |

Kay Stewart, Editor  
816-373-0550  
note2kay@comcast.net

[www.kcsoroptimist.org](http://www.kcsoroptimist.org)

Soroptimist Kansas City Foundation  
Soroptimist International  
of Kansas City  
1221 West 103rd #224  
Kansas City, MO 64114

Greetings Wonderful Women of SIKC!

I think the weather has us all fooled as we start our first day of April. I'm torn between wearing a coat, pulling out my raincoat and umbrella, or pulling out my shades. But rest assured, sunny days are ahead of us and spring is definitely in the air! We should all feel a sense of renewal and possibilities all around. Thinking of all the possibilities, be sure to check out all of the fun activities happening this month throughout this month's Signpost.

If you haven't done so already, please be sure to spread the word about the meat raffle that will conclude this month. (see page 4) Be sure to email and text the link to your friends! We will also have a community service collection this month. Let's continue to show our support to help others in need. Also, the Region Conference will be held in Amarillo, Texas. Please be sure to register and reserve your rooms if you will be attending. Let's show up and represent our club well!!

Check out these quick tips that I found at [www.chopra.com](http://www.chopra.com) to help create opportunities. When we create opportunities as a club and an organization, we continue to grow and build on the legacy of SIKC.

1. Understand who you are!
2. Believe in what you offer
3. Step out of your comfort zone
4. Remain open
5. Create good karma
6. Be decisive

Gandhi said, "You must be the change you wish to see in the world." Thank you!

SIKC President  
Heather



## April Calendar

**April 13**

### **Board Meeting**

Central Library  
Turner Boardroom  
14 West Tenth Street  
Kansas City, Mo 64105  
6:00 p.m.

**April 15**

### **Tax Day**

**April 20**

### **Business Meeting Election of Officers**

O'Neill's Restaurant  
6:00 p.m.

**April 22—24**

### **South Central Region Conference Amarillo, Texas**

**April 25**

### **Foundation Meeting**

Location to be determined  
6:00 p.m.



## April Birthdays

Shirley Legg April 3  
Marie Parker April 20

## 2022-2023 Slate of Officers

The Nominating Committee comprised of Norma McKelvy, Jerri Cofran and Jane Zelazny-Belz met and contacted members for service as the 2022/2023 Club Officers, Directors and trustees for the Foundation. We are presenting the following slate.

Melanie Simpson - President  
Margaret Smith - President elect

Kay Stewart - Secretary  
Grace Kim - Treasurer

Lynn LeCount - Director  
Nominee  
Danielle Sidney - Incumbent

Foundation Trustee Nominees  
Jerri Cofran (2025)  
Valerie Phillips (2025)

According to the Bylaws these nominees must be communicated in the Signpost and emailed to the membership at least 10 days before voting at the April meeting.

Norma McKelvy, Chair  
Nominating Committee

**Business Meeting,  
Wednesday April 20  
O'Neill's Restaurant  
9417 Mission Road  
Leawood, KS 66206**

**Menu  
Canterbury Pasta  
\$20.00**

**Program  
Election of Officers**

**Collection  
Supplies for Ukrainian  
Refugees**

Please RSVP to Marie Parker  
by COB Monday, April 18  
[marieparker22@gmail.com](mailto:marieparker22@gmail.com)



## Collection for Ukrainian Refugees

Lynn LeCount has proposed doing an impromptu collection to send to the Ukrainian refugees. One of her colleagues works at the hospital in Lublin, Poland, which is taking the brunt of the millions of people escaping because it's so close to the Belarus/Ukraine border. Unfortunately, there's no reason to believe the exodus will end by the time we convene on April 20th.

She can mail our contributions (everything must be unopened packages) directly to him to ensure the contents reach the refugees. Lightweight and small items are cheaper to ship.

The majority of these folks are on foot, so think about what you'd want to carry if you cross-country hiked.

Gather up those travel size feminine products, over-the-counter medicine (pain relievers / antihistamines / decongestants / cough drops), Band-Aids, travel snacks (protein bars / Larabars / nuts / trail mix / jerky), socks, travel tissues, deodorant, hotel-sized soap / shampoo / toothpaste, etc.

Be creative! It's hard to imagine what it is like to be suddenly displaced.  
We can help.





Buy a Chance! This meat is fabulous.



SOROPTIMIST INTERNATIONAL OF KANSAS CITY

# MEAT RAFFLE

Enter to win an E-Gift Certificate from  
the KC Cattle Company  
[www.kccattlecompany.com](http://www.kccattlecompany.com)

**Grand Prize \$500**  
**2<sup>nd</sup> Place \$250**

Tickets are \$20 and can be  
purchased below  
[www.kcsoroptimist.org](http://www.kcsoroptimist.org)



SOROPTIMIST  
Best for Women®



**Only 250 tickets will be sold!!**

**Drawing held Easter Sunday April 17, 2022**

Final date to purchase tickets is April 15, 2022. All Proceeds benefit Soroptimist International of Kansas City's programs. SIKC is a 501(c)3 organization that assists women and girls in the greater Kansas City area. Gift Certificate provided by KC Cattle Company. Any questions, please contact [www.kcsoroptimist.org](http://www.kcsoroptimist.org) or Danielle Sidney 816 529 5565.



## Live Your Dream Awards

On March 16 our club honored our Live Your Dream Award Recipients at O'Neill's Restaurant where we celebrated with dinner and recognition of our winners. They are delightful, determined young women who are working hard to make a better life for themselves and their families.



< LYD  
Chair,  
Valerie  
Phillips and  
3rd place  
winner,  
Charlesetta  
McDaniel.

1st place >  
winner  
Ashley  
Morrison.



<2nd place winner, Rachel  
Hampton.

Valerie Phillips, Melanie  
Simpson, Judges Edie  
Sladek and Jerry Snider. >

The 2021-2022 SIKC LYD  
committee consisted of  
Grace Boswell,  
Rosemary Moran, Norma  
McKelvy and Margaret  
Smith.



## Soroptimist History

### How Soroptimist Kansas City Foundation Was Born

Last month's history installment elaborated on the effort of our club to help the victims of the 1951 flood by establishing a community center in Trailer Park, Kansas City, Kansas. It was a tremendous accomplishment that took the resources of Soroptimists and other organizations in the Kansas City Metro Area.

Club members realized that to meet the needs of unforeseen disasters and to help women and children locally, it was critical to set aside money. In 1953, Soroptimist International of Kansas City established The Soroptimist Welfare Fund.

The original resolution involved transferring \$1,000 from the Soroptimist Club of Kansas City, Missouri to The Soroptimist Welfare Fund. The purpose was stated as "created for and the property thereof shall be distributed exclusively for charitable, scientific, literary or education purposes, the prevention of cruelty to children, or any other welfare purpose, and none of the property shall be distributed for the purpose of carrying on propaganda, or otherwise attempting to influence legislation." (Quoted from the original Resolution, 1953)

Six club members were elected by the membership to serve on the board of trustees. Two club officers (the president and immediate past president) and one committee chair (the chair of the Service Objectives committee) were added to the board as ex-officio administrators. The board of trustees invested the \$1,000 in stocks and bonds with the goal of growing the fund so the interest earned could be spent for local need.

In 1973, Virginia Porth, a longtime member of Soroptimist International of Kansas City, left a bequest of \$90,000 to the Soroptimist Welfare Fund. The board of trustees determined that it was time to "select and employ a corporate trustee to whom may be delegated such powers in managing and investing the principal of the fund as the trustees may deem advisable, and to pay such corporate trustee's reasonable compensation and expenses". (Quoted from Revised Resolution, 1973) The trustees selected United Missouri Bank as the corporate trustee.

## Soroptimist History continued....



Throughout the ensuing years, wise investing along with donations and bequests grew the Welfare Fund. Later renamed the Soroptimist Kansas City Foundation, our nonprofit public charitable organization continues to give grants to 501 (c) (3) nonprofit organizations whose projects meet Soroptimist objectives:

To improve the lives of women and girls in Kansas City, the region and around the world;

To help children with special needs; and

To help needy families with disaster relief and shelter.

Over the years from 1954 to 2022 Soroptimist Kansas City Foundation has awarded more than \$1,238,000 in grants.

Next month, we don't just give away money. We give our time and our talents with hands on service to the community.



S O R O P T I M I S T

Best for Women



## A Senior's Version of FACEBOOK

For those of my generation who do not, and cannot, comprehend why Facebook exists: I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what anybody and everybody does every day. I also listen to their conversations, give them "thumbs up" and tell them I "like" them. And it works just like Facebook. I already have 4 people following me: 2 police officers, a private investigator and a psychiatrist.